

WOODHOUSE AND DISTRICT COMMUNITY FORUM

VACANCY Health Trainer

30 hours per week (with the possibility to increase to 35 after the first year)

Salary: £16,800

Initially to 31 March 2018 – Subject to further funding



An exciting opportunity has arisen for Woodhouse and District Community Forum to appoint a Health Trainer to join our local community health team. The Health Trainer will work with people from Woodhouse, Westfield and Hackenthorpe Communities, providing them with 1:1 support to help individuals and their families choose, implement and maintain healthy behaviours.

Do you have experience of working with local communities and the ability to motivate people to make positive changes with their behaviour and lifestyle choices? Would you like the opportunity to help address health inequalities and improve the long-term health of communities? If yes, then this could be the perfect job for you!

The post holder will:

- Promote positive health and well-being messages within the community
- Identify and support individuals to develop a personal health plan
- Encourage and facilitate long-term positive lifestyle changes
- Plan local health events

Knowledge of the local area is desirable, so applications from residents within this community are particularly welcome.

We are looking for someone who enjoys a challenge and has the ability to communicate effectively with a wide range of people both verbally and in writing.

The work is being delivered in partnership with the NHS Sheffield Clinical Commissioning Group & Sheffield City Council as part of the Sheffield Community Wellbeing Programme.

For informal enquiries or to request an application pack, please contact **Kathryn Taylor**:

- by phone on **0114 2690222**
- by email at **mail@mywoodhouse.co.uk**

Closing date: Applications to be received by no later than 5.00 pm on 2nd June 2017